EXHIBIT H

SCAN

CARMEL PSYCHOLOGICAL ASSOCIATES

THE BARNS OFFICE CENTER 667 Stoneleigh Ave. Carmel NY 10512	1940 COMMERCE STREET SUITE 300 Yorktown Heights NY 10598

October 14, 2019

Re: B. Rowan Basile [redacted]

To Whom it May Concern:

I have been working with B. Rowan Basile since June 23, 2017. At that time she was diagnosed with F84.0 Autism Spectrum Disorder. For the next 18 months we worked together on anxiety management strategies with moderate success as evidenced by improved summer activity and then school attendance. In November, 2018 B. Rowan shared that she felt that she was transgendered and felt much more comfortable being identified as a male. That November, Rowan enjoyed a huge boost in his ability to manage his anxiety as evidence by his successful participation in a Panas Players Production. However, as the Fall semester continued, many of his anxiety symptoms returned. He struggled with being misgendered by both peers and staff. In addition, he began reporting anxiety when he looked in the mirror and saw his breasts as he dressed.

At this time, I have diagnosed him with F40.10 Social Phobia Unspecified and F45.22 Body dysmorphic disorder. Throughout treatment, he has attended weekly sessions. We are currently working on three therapeutic goals: developing an outcome focus, improving his emotional regulation skills, and eating healthy. His ongoing body dysmorphia remains the primary barrier to treatment. Moreover, the significance of the barrier his struggle with his body has presented has increased in recent months as he has not been able to consistently wear his binder due to rib pain. Instead, he has worn oversized clothing and hoped that no one notices. Though often that is the case, just 10 days ago, he reported that he was bumped into by a female peer during play practice where his female peer felt his breasts as she caught herself leaving him extremely anxious that she would, "out," him.

Given the above, I am in support of Rowan undergoing top surgery as I believe it would help him present to others as he wishes to. Please feel free to contact me with any questions or concerns. I can be best reached by email at keinhorn@carmelpsychological.com.

Thanks for your time,

Kenneth Einhorn, Ph.D.
Licensed Psychologist